



BCA Local Cave Leader Level 1 Training Course

With Steve Banks

Overview

Steve Banks runs a wide range of caving provision both home and abroad to suit all interests. This British Caving Association (BCA) course is the first step on the instructional ladder. Holders of this award have been assessed as competent to lead others in a restricted number of predominantly horizontal caves using simple ropework where necessary. The list of caves is personal to each individual and is agreed with the assessor. The training course comprises 2 days of practical and theoretical input which will be run as far as possible in line with Steve's strong experiential, learner centred ethos. Assessments need to be arranged directly with BCA assessors (such as Steve), this process will be explained during training.

Dates and Cost

As advertised on the website or bespoke courses by arrangement – please call

Venue

Advertised courses will be based in the Western Dales, bespoke courses may use any suitable area.

Accommodation

This is a non-residential course and food and transport are not provided. Advice is available if needed to help you find appropriate lodgings.

Equipment

Whilst it is anticipated that most trainees will possess much of their own kit, if you are short of personal caving clothing and lighting then these can be hired very cheaply though you should call before purchasing anything as Steve is highly likely to be able to assist you. Ropes will be provided. Please bring pencil, paper, food, drink and a complete change of clothing.

Prerequisites

You must have registered on the BCA's Local Cave and Mine Leader Scheme in advance of the course. This is a once only registration. You do not need to join the BCA in order to register. For a form go to the BCA website and click on the link to training or use the link below. You must have at least 12 varied caving trips to your name and attend the course with an up-to-date BCA logbook, this is included in your registration.

<http://british-caving.org.uk/training/LCMLA%20Registration%20Form.doc>



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Potential Programme

Day 1

- 9.00am Meet at a prearranged venue to be advised
 Welcome and introductions
 The Level 1 award
 Assessment of client experience and training needs
- 10.00am Pack and depart for caving trip in Yorkshire Dales
 The cave and karst environment
 Processes of cave formation
 Relevant geology and geography
 Hydrology and Flooding
- 5.00pm Return to base

Day 2

- 9.00am Meet at prearranged venue
 Briefing for the day
 Pack and depart for caving trip in Yorkshire Dales
 Personal caving
 Ropework for Level 1 Cave Leaders
 Group Management and Leadership
- 3.30pm Return to base
 Course review
 Debrief including personal development plans.
- 5.00pm Course closure and depart.

If you have any questions or concerns regarding this course please feel free to contact Steve who will be happy to advise and assist you in any way possible.

Due to high staff/client ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of all fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled you are strongly advised to take out appropriate insurance. Steve Banks is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If the course has to be cancelled a full refund will be given.



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