



Next Steps in Rock Climbing

With Steve Banks

This 2 day course is aimed at individuals with basic climbing experience and expertise and who are now ready to progress and develop their skills. Steve is keen to bring his combined experience to bear to ensure that your climbing development progresses safely and effectively in a fun and highly practical way.

Steve always aims to work in a very learner centred way rather than be hidebound by a syllabus or pre-ordained agenda. This personalised approach aims to empower individuals to enable them to operate independently as soon as possible. Steve and any other staff he employs are highly qualified and experienced and will work hard to meet your needs.

Venue:

The course locations vary and are listed next to the dates on the website. We will use local single pitch crags for this course and will only use a climbing wall if weather conditions are poor (this will incur an entrance fee). Personalised climbing tuition and guiding can be organised on a bespoke basis at a time to suit you – please call to discuss your needs.

Cost & Dates:

Please see the website or call for bespoke provision

Content:

This course is aimed at climbers with some experience and will be very practical. Whilst we seek to meet all individual needs we do envisage that this course will be most suitable for people wanting to develop their technical ability, to begin easy lead climbing and to improve their movement on rock. You do not need to be a good climber though you should have an understanding of effective belaying.

Equipment: You will need to bring the following:

- Personal clothing suitable for this activity including waterproofs, hat and gloves
- Footwear suitable for walking to the crag
- Rock shoes



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- Packed lunch and drink
- Any climbing gear you have except ropes.
- Please note that jeans are not suitable – stretchy and warm are best.

We can provide:

- Climbing harness
- Helmet
- Ropes
- All climbing hardware

If you are interested in this exciting course and are looking to develop your rock climbing ability, please feel free to call or email Steve to book your adventure. If you have any questions or require further information Steve will be delighted to hear from you and will be happy to assist.

Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur the loss of all fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Steve Banks Outdoors is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by Steve Banks a full refund will be given.



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